DISCHARGE INSTRUCTIONS FOR
ENDOVENOUS LASER TREATMENT

1. Keep the dressing on for 24 hours.

2. At 24 hours after discharge, unwrap your leg, remove the dressing, rewrap with ace wrap from foot to high thigh, and leave steri-strips in place.

3. Alternatively, use a calf-length 30-40mmHg support stocking along with an ace wrap on the thigh, or a thigh-length 30-40mmHg support stocking to the leg beginning after the initial take-down of the ace wrap.

4. With your leg supported by an ace wrap or stockings, you should walk as much as your pain tolerance allows.

5. Rewrap your leg 1-2 times per day to keep the wrap snug, or keep the stocking on during the day. You can remove the stocking at night.

6. You may feel a pulling sensation in the thigh. If so, use an anti-inflammatory medication such as Motrin. You may also see significant bruising in the thigh, which will improve with time.

7. You may shower 48 hours after the procedure.

Call Interventional Radiology (734) 936-4536 or Vascular Surgery (888) 287-1082 with questions or concerns.

Please schedule a revisit in the Vascular Surgery Clinic in approximately one week.

Date ______________________________.